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| Planning des entraînements saison 2025/2026 | | | | | | |
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|  | Lundi | Mardi | Mercredi | Jeudi | Vendredi | Samedi |  |
| Eveil Athlétique | Hiver 17h45 - 19h Eté 17h45 - 19h15 |  |  |  |  |  |  |
| Poussin |  |  | 18h -19h30 |  |  |  |  |
| Benjamin | 18h -19h30 |  | 18h-19h30 |  |  |  |  |
| Minime | 18h - 19h30 |  | 18h -19h30 |  |  |  |  |
| Cadet et + | 18h30 - 20h |  | 18h -30 - 20h | 18h30 20h |  |  |  |
| Hors-stade/Trail | PPG 18h30 - 20h | 18h30 - 20h |  | 18h30 20h |  | Sortie Nature |  |